



Lifeforce News:

I AM CANADIAN & VEGANIAN! Meatout Canada – March 20, 2008

Under our new campaign called **Save Our Species (SOS): Global Warning** the Lifeforce Foundation has released seven new **Vegan Flyers/Info Sheets** to commemorate the worldwide **Meatout** on the first day of spring.

The factory farming of animals is a major cause of Global Warming. In addition to the obvious animal abuses, it produces gases and wastes that are major contributors to climate changes and health hazards.

In 2006, **the UN's Food and Agriculture Organization (FAO)** described the spiralling increase in greenhouse gases from livestock as "massive" and asserted that the world governments must urgently address the problem. Together, livestock animals account for 20 per cent "of terrestrial animal biomass" - all living land creatures including humans.

Feed crops take 30 per cent of the world's arable land. Livestock command 70 per cent of the planet's agricultural land and 30 per cent of its entire land surface. **Directly and indirectly, meat and dairy production account for 18 per cent of greenhouse gas emissions - more than all auto and plane transport combined.** Livestock rearing does release carbon into the atmosphere, in particular through the razing of forests. In addition the animals are responsible for huge amounts of ammonia, methane and nitrous oxide.

The **Lifeforce Vegan Posters** condemns both factory and "organic" farming. During Lifeforce investigation of farming practises in BC we found very little, if any, improvements in alternate farming. The "specialty", "organic" and "free run" do not eliminate the cruelty to animals. This was especially the case with dairy cattle, beef cattle and pig production. Details will be forthcoming in an upcoming **Lifeforce "Realty Farm Report"**.

So with the Meat Industry advertising in Vancouver, BC is saying to replace the Easter ham with turkey – well why not Tofurky? Meatout supporters can educate their communities and ask their friends, families, and neighbours to pledge to "kick the meat habit (at least for a day) and explore a wholesome, non-violent diet of fruits, vegetables, and whole grains."

For further information: www.lifeforcefoundation.org or lifeforcesociety@hotmail.com

Why Meatout?

Kicking the meat habit holds lasting benefits for consumer health, world hunger, resource conservation, environmental quality and animal rights.

Kicking the meat habit reduces our risk of heart disease, stroke, cancer, and other chronic diseases that cripple and kill nearly 1.4 million Americans annually.

Kicking the meat habit decreases our exposure to infectious pathogens like Salmonella, E. coli, and Campylobacter, which kill several thousand Americans annually and sicken millions more.

Kicking the meat habit raises our energy level, lowers our food budget, and simplifies food preparation and cleanup.

Kicking the meat habit frees up grains and other foods that can be used to feed the world's hungry. Animals are extremely inefficient "protein converters;" it can take up to 16 pounds of grain to make 1 pound of beef.

Kicking the meat habit preserves our topsoil, water, and other food production resources vital to the survival of our children and their children.

Kicking the meat habit protects our forests, grasslands, and other wildlife habitats from encroachment by cattle ranchers while reducing the polluting effects of methane, soil particles, manure, and pesticides on our air and water.

Kicking the meat habit saves animals from caging, crowding, deprivation, drugging, mutilation, manhandling, and agonizing slaughter. Each person who adopts a plant-based diet saves over 80 innocent, sentient animals each year. Over a lifetime, an individual can save more than 6,000 animals just by going vegan.

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Source: FARM USA
